

# WARMUP EXERCISE

## CHANGE UP, DOWN

## MOVE ACCENT

RLRL  
LRLR

RLRL  
LRLR

## ADD ACCENT

ADD MORE...

## SINGLE PARADIDDLE

## DELAYED

## REVERSE

## INWARD

R L R R L R L L    R L R L L R L R    R R L R L L R L    R L L R L R R L

## TONE CONTROL

RLRLRLRL

RRLRLRL

RLRLRLRL  
RLRLRLRL  
RRLRLRLRL  
RLLRLRL